

ADULT FALLS IN ONTARIO

Falls are a major health issue in Ontario.



\$2.8B in costs to the economy

& over **2,000 lives** lost
each year.

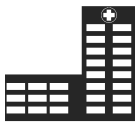


Adult = 20-64 years old

In 2007-2009 adult falls led to:



290,000+
emergency department visits



20,000+
hospital admissions



More **45-54 year olds**
visit an emergency department
for a fall-related injury than
any other age group
under 80.

How do falls happen?

Most falls happen during

everyday activities

like *doing chores, walking and exercising.*

Top Trip-Ups:

Ice and snow 13%

Stairs and steps 19%

Slip/trip (same level) 29%



Fall prevention. It matters at every age.

Data sources: OIPRC (2013); Parachute (2015); Volpe (2014)



Ontario Injury Prevention
Resource Centre

Produced by the Ontario Injury Prevention Resource Centre

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