SENIORS' FALLS IN CANADA



FALLS are the LEADING CAUSE OF INJURY among older Canadians:

20-30% of seniors experience 1+ falls each year.

FALLS CAUSE:

of seniors' injury-related hospitalizations

\$2Billion a year in direct healthcare costs

of seniors are admitted to LONG-TERM CARE following hospitalization for a fall



The average Canadian senior stays in hospital 10 DAYS longer for falls than for any other cause



Falls *can result* in chronic pain, reduced mobility, loss of independence and even death





INJURIES due to falls rose 43% between 2003 and 2008

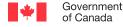


DEATHS due to falls rose 65% between 2003 and 2008

The good news is that falls are preventable and action can be taken by all.

READ THE FULL REPORT FOR MORE AT:

www.publichealth.gc.ca/seniors



Canada